

# FALCON

# April 2011

# FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Weight Room 2:50	5 Weight Room 2:50	6	7 Weight Room 2:50	8	9
10	11 Weight Room 2:50	12 Weight Room 2:50 QB Work – 6:30 am WR Work – 6:30 am	13	14 Weight Room 2:50 QB & WR Work 6:15 am	15	16
17	18 Weight Room 2:50	19 Weight Room 2:50 QB Work – 6:30 am WR Work – 6:30 am	20	21 Weight Room 2:50 QB & WR Work 6:15 am	22 NO School Teacher In-Service	23
24	25 Weight Room 2:50	26 Weight Room 2:50 QB Work – 6:30 am WR Work – 6:30 am	27	28 Weight Room 2:50 QB & WR Work 6:15 am	29	30